

<b>WEEKLY PLAN</b>	<i>This week:</i>	
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<b>PLAN ▶</b>	<b>PROCESS</b>	<b>◀ REVIEW</b>
<ul style="list-style-type: none"> <li>Remember regular tasks</li> <li>Examine priorities</li> <li>View schedule &amp; to do list</li> <li>Include important pursuits</li> <li>Explore options</li> <li>Which AIMS are Active, Inspiring, Meaningful Solutions?</li> </ul>	<ul style="list-style-type: none"> <li>Prepare</li> <li>Reserve peak time for priorities</li> <li>Organize &amp; optimize</li> <li>Check system</li> <li>Enter updates</li> <li>Select next steps</li> <li>Schedule &amp; set reminders</li> </ul>	<ul style="list-style-type: none"> <li>Review progress</li> <li>Explore obstacles &amp; solutions</li> <li>View schedule and tasks</li> <li>Include VIP AIMS</li> <li>Evaluate measures</li> <li>Write down results</li> </ul>

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>
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<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
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<i>Sunday</i>	Notes	
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<b>POSITIVE SHIFT</b>			
POWER UP	PAUSE	<b>PRIORITIES</b> ↳ VIP AIMS • Values • Increase well-being • Pursue purpose • Active • Inspiring • Meaningful • Solutions  www.dailyplanit.com	↳ BIG impact • Bold change • Impressive influence • Great movement  ↳ good Return vs • Gain • Revenue • Appeal • Impact • Needs met
PURPOSE • Awareness • Spirituality • Plan goals • Inspire flow • Renewal • Engage habits	PEOPLE • Share • EQ • Authentic self • Relate • Communicate • Help others		