

WEEKLY SCHEDULE

	Daily routines		MON	TUES	WEDS	THURS	FRI	SAT	SUN
WAKE UP		REMEMBER							
			<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>
MORNING									
			<i>lunch</i>	<i>lunch</i>	<i>lunch</i>	<i>lunch</i>	<i>lunch</i>	<i>lunch</i>	<i>lunch</i>
AFTERNOON									
			<i>dinner</i>	<i>dinner</i>	<i>dinner</i>	<i>dinner</i>	<i>dinner</i>	<i>dinner</i>	<i>dinner</i>
EVENING									

To always do		MON	TUES	WEDS	THURS	FRI	SAT	SUN
	THEMES							